MESA mi amigo's TURKEY TROT

Hosted by:
SERTOMA CLUB OF MESA

10K Run, 2 Mile Fun Run, 1 Mile Fitness Walk

Thursday, November 26, 2009

Come participate in our 39th annual edition of one of Arizona's longest running events. This Thanksgiving tradition celebrates the spirit of family togetherness. Run the competitive 10K, the non-competitive 2 Mile Fun Run, or walk the 1 Mile Fitness Walk. **There's an event for every family member!**

LOCATION
Red Mountain Park, 7745 E. Brown Rd., Mesa, AZ

PARKING
All participant parking is at Red Mountain High School, just west of the park.

DATE
Thursday, November 26, 2009

COURSE
Flat and fast loop on public streets and through the park. Split times each mile, aid at 2 & 4 miles.

TIME
7:00 a.m. Packet pickup & race day registration opens
8:15 a.m. 1 Mile Fitness Walk (non-competitive)
8:30 a.m. 2 Mile Fun Run (non-competitive)
9:00 a.m. 10K (6.2 Mile) Run

ENTRY FEES
$18 Postmarked by November 17
$22 November 19 - November 25
$25 Race Day at Park

$12 Children 12 & under thru November 25
$15 Day of Race

ONLINE REGISTRATION
You can also register online at www.GetSetAZ.com. Simply go to the November 26, Mesa Mi Amigo's Turkey Trot listing and click on the "Online registration" icon. Online registration closes on Sunday, November 22 at 11:59 p.m. A small additional processing fee is added to all online entries.

RESULTS
Complete 10K over-all and age group results will be posted at: www.RacePlaceEvents.com by 5pm race day.

PRE-RACE PACKET PICK-UP
Tuesday, November 24, 10am - 5pm
Runner's Den, 6505 North 16th St, Phoenix (16th St. & Maryland)

Wednesday, November 25, 9am - 4pm
Fire Station 201 Community Room, 360 E. 1st St, Mesa
(Just West of Mesa Dr)

2 MILE FUN RUN & 1 MILE FITNESS WALK
Ribbons to all participants: 2 Mile and 1 Mile are non-competitive.

10K RUN AWARDS
Overall male & female winners and top 3 male and female in each of the 5 year age groups in the 10K run receive awards. Turkey to 1st place in each age group. "I Beat the Turkey" certificates to all 10K finishers faster than 45 minutes. Special "Sub 35" and "Sub 40" certificates to all finishers under those respective times.

AGE DIVISIONS (10K)
11 & under, 12-15, 16-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75+

FAMILY DIVISION
There will be a turkey awarded to the top four families with the most immediate family members to enter and finish the 10K Run.

ALL ENTRANTS RECEIVE: Quality t'shirt and post race refreshments.

RACE INFORMATION: (602) 277-4333 or www.RacePlaceEvents.com

Make checks payable to: Sertoma Club of Mesa

No domestic animals are allowed in city parks.
Please leave your pets at home!

DETACH

MAIL OR DELIVER TO: MESA MI AMIGO'S TURKEY TROT, c/o Runner's Den, 6505 North 16th St., Phoenix, AZ 85016

☐ 10K RUN ☐ 2 MILE FUN RUN ☐ 1 MILE FITNESS WALK

LAST NAME _____ FIRST NAME _____

MAILING ADDRESS _____

CITY _____ STATE _____ ZIP CODE _____

E-MAIL _____

DAY PHONE _____ AGE (ON RACE DAY) _____ M F SEX _____ BIRTH DATE _____ S M L X XX SHIRT SIZE _____ $ _____.00 TOTAL ENCLOSED

In consideration of your acceptance of this entry, I hereby, for myself, my heirs, my executors and administrators, waive and release any and all rights and claims for damages I may have against the sponsors, Sertoma Club of Mesa, the City of Mesa, Raceplace Event Systems, Mi Amigo's Mexican Grill, USAT&F, coordinating groups, and any individuals associated with the event, their representatives, successors and assigns, and will hold them harmless for any and all injuries or illness suffered in connection with said event. I certify that I am in good physical condition and capable of participating in this event. Also, none of the above are responsible for the loss of personal items nor any other form of aggravation in connection with said event. I have been warned I must be in good health to participate in this event. In filling out this form, I acknowledge that I am an amateur in such events. I also give permission for free use of my name and picture in any broadcast, telecast or print media account of this event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions. **This entry is invalid unless signed by participant.** If entrant is under 18 years of age, parent or legal guardian must sign below.

Entrant's Signature (or parent if under 18) _____ **Date** _____